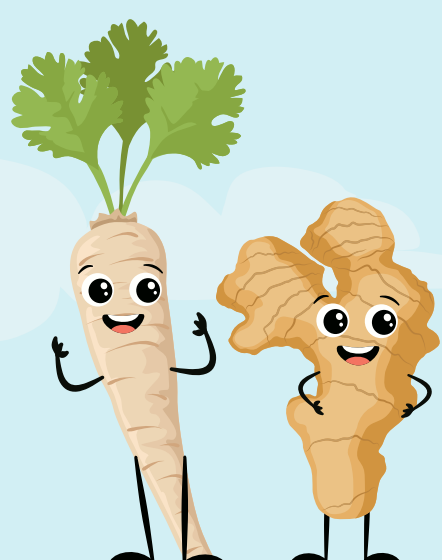
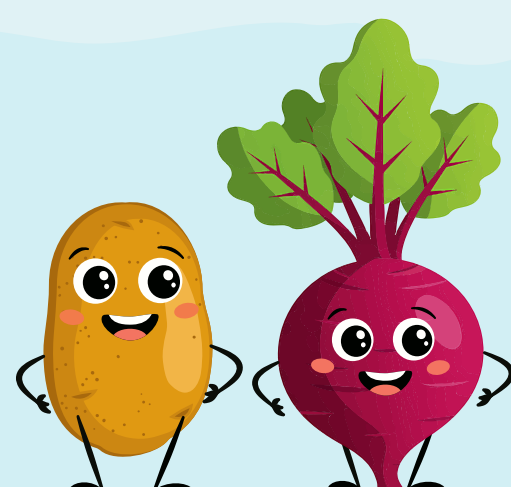




Inspiring Young Minds

Making food fun, vibrant and healthy!



This Autumn we are **Rooting for Our Planet!** From root to tip, we're using every part of our root vegetables in our nutritious recipes to make them good for you and the planet.

Introducing Accent

At the heart of everything we do is our love of great tasting, fresh and healthy food, prepared by teams who care. We know pupils consider fast food to be the biggest treat imaginable but we know that it does not make you feel good or live well.

That's why we focus on every single aspect of our food to ensure our customers get the very freshest, natural fast food that is healthy, great tasting and nutritious. We focus on every aspect of our food to ensure our customers get the freshest food that is healthy, great tasting and nutritious. We use sustainably sourced food, UK sourced fruit and vegetables and Red Tractor meat wherever possible.



Allergens

At Accent we never purchase or store tree nuts or peanuts in our kitchens and never include them as ingredients in our dishes. While some supplier products may carry a "may contain" nut warning, we minimise their use and work closely with our clients to exclude them entirely upon request. We follow strict food hygiene and food safety procedures to manage allergens and minimise the risk of cross-contamination, but as food is prepared in shared environments, we **cannot** guarantee meals are completely allergen-free.

Our Chef Manager and / or our Allergen Guru are always available to provide a nutritious tasty lunch and support children with allergies and intolerances. For more information, please speak to our Chef Manager and / or our Allergen Gurus.

LOOK OUT! ALLERGENS

Our Menus

Our food is freshly prepared, with a range of dishes designed to appeal to every child. We use simple names so pupils can easily recognise their meals, but every dish is made with the same passion and care, whether it's a mild yet flavourful curry, a homemade pizza topped with our 'secret' tomato sauce, or Mac 'n' Cheese that's just like home. We go to great lengths to ensure every dish and side is not only delicious but also nutritious, just like at home.

Want To Know Even More?

Head over to the Accent website, which is jam packed with information and exciting recipes: www.accentcatering.co.uk

Free School Meals

Please remember that all children within KS1 and KS2 are entitled to a Free School Meals, so we would encourage you sign your child up for lunch. It is great value for money, the portion sizes are generous and seconds are available. It is a great way to ensure your child has the best meal and is ready for the afternoon activities at school.



Compared to an average packed lunch an Accent school meal contains:

43% LESS
SATURATED FAT

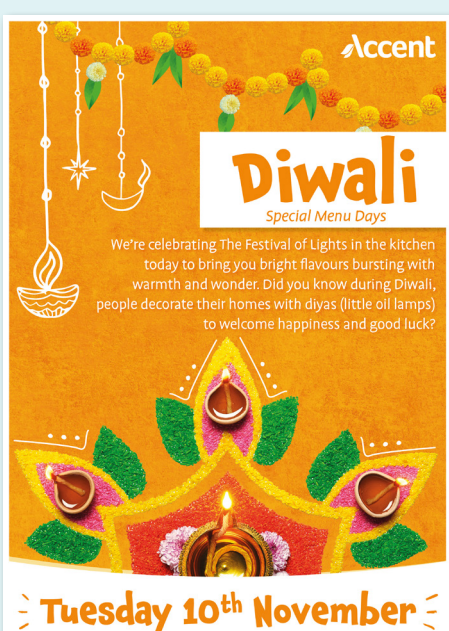
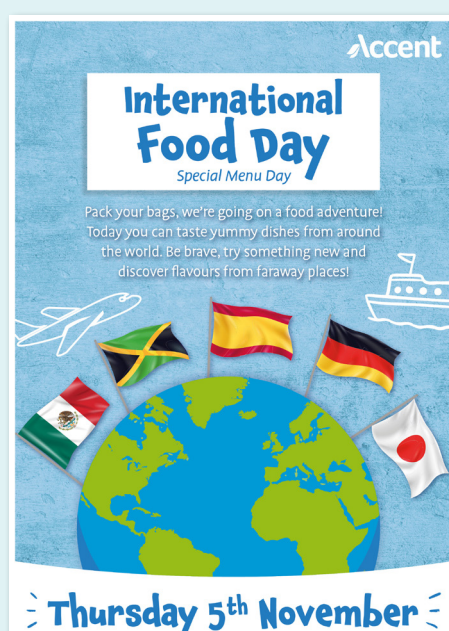
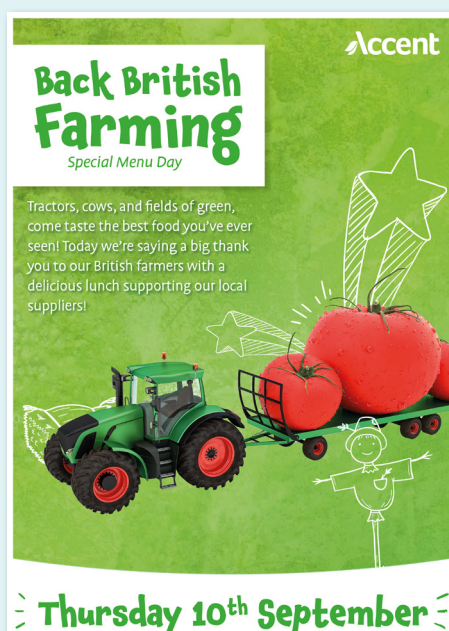
30% LESS
SALT

Almost **3x**
THE FIBRE

1/2
THE FREE SUGARS

Beyond the dining room

We also offer a variety of Special Day menus, including Back British Farming Day, International Food Day and Christmas Takeover, adding fun and excitement to lunchtime. Look out for tasting tables, recipes and themed days throughout the year as we inspire pupils to explore new foods and trends.



Did you know?

Beetroot is packed with nutrients and can help support healthy brain function!

